VISION

Spring Meadows Church of Christ
PO Box 1852, Spring Hill, TN 37179

Volume 18, Number 8 SMCOC.NET February 19, 2023

Spring Meadows
Church of Christ

Welcome New Members!

Brett and Laura Penix

Stephanie and Audrey Alexander

Good Morning!

Welcome to Worship! It is going to be a great day with the family here at Spring Meadows. Thank you for being here. May God bless you and your family with a passion and desire to love and serve HIM more.

There is so much to be thankful for today as we lift up our hearts to God. May each of us continue to grow in our love for one another and for God.

Thanks to Steven Ward and the many servers and entertainers for the special Valentine banquet this weekend. Thanks to Tom Miller and Clay Johnson for the great fish fry for our Empty Nesters. It's been an amazing week.

We have many exciting things coming up. Put the date March 19th on your calendar. We will be having a special "PLUS ONE" Sunday. We will have Dr. T.J. Kirk from Freed-Hardeman University will be our guest speaker, and we want you to start today praying for and inviting your PLUS ONE to join us.

-Chuck

Here are 16 thoughts to bless us this week:

Sixteen Ways to Help Your Family by Reducing your Stress

1. *Simplify and unclutter your life. Less is more.*
2. *Go to bed on time and get up on time so you can start the day fresh and unrushed.*
3. *Tell your spouse you love him or her every day, at different times.*
4. *Say "no" to projects that will not fit into your time schedule.*
5. *Slow down. Read a book, color a page, or play a game with a child.*
6. *Delegate tasked to capable others.*
7. *Laugh.*
8. *Laugh some more! A whole lot.*
9. *Take one day at a time. If you worry about what may happen tomorrow and it doesn't happen, you have worried in vain. Even if it does happen, you have to worry twice.*
10. *Allow extra time to get places.*
11. *Develop a forgiving attitude-most people are doing the best they can.*
12. *Be kind to unkind people-they probably need it the most.*
13. *Remind yourself that you are not the general manager of the universe.*
14. *Live within your budget; do not use credit cards for unbudgeted purchases.*
15. *Take your work seriously-not yourself.*
16. *Every night before bed, think of one thing you are grateful for that you have never been grateful for before.*

SUNDAY BIBLE HOUR

Nursery - up to 24 months
Allison Crump and Ariel Crump
Room 2 - 2 & 3 year olds
Kimberly/Victoria Ludwig and Katie S.
Room 3 - 4's - PreK
Sarah Trimble
Room 6 - Kindergarten
Kelli Stockton and Ella Daniels
Room 7 - 1st grade
Sharon Kinnard and Paula McCord

SUNDAY CLASSES

Classes begin at 5:00pm.
Up to 24 months - Nursery
2's & 3's - Rm 2
4's - Rm 3, **K & 1st** - Rm 6
2nd & 3rd - Rm 4, **4th & 5th** - Rm 8
6th -12th - Teen Rooms
The Book of Acts
Dan Winkler - (Auditorium)
Chuck Morris - (Kitchen)
Andy Baker- (Hallway)
College/20's - (Office)

WEDNESDAY CLASSES

Classes begin at 6:30pm.
Please go directly to class.

Up to 24 months - Nursery
2's & 3's - Room 2
4's - K - Room 3
1st - 2nd - Room 7
3rd - 5th - Room 8
6th -12th - Teen Rooms

Ladies' Class - (Kitchen)
Men's Class - (Hallway)
College/20's - (Office)
Various Teachers - (Auditorium)

Remember in Prayer

Continue to Remember: Nancy Heffington, Caroline Thurman, Bill Price, Riley Walker, Adkins Family, and Margaret Curtis.

Kinsley Harber was discharged after her recent heart surgery. Remember to pray for her as she recovers.

Chuck Morris' mother, Mary Jo Lence, is experiencing cardiac issues. Please pray for her as the doctors monitor her health and try to determine the best plan to help her.

Contact Billy Martin at bkm339@gmail.com or 615-232-4689 if you want a 2022 statement of contributions.

Announcements

Our website has been updated!
Go to SMCOC.net to:
see the latest announcements, sign up for church events, give, check the calendar, access audio of sermons, view the bulletin and more!

SMCOC '23
WE
ME
Church Family Retreat

Register by March 1st!
Scan the QR or pick up a form from the Events Board.

March 24-26th
NaCoMe Camp and Retreat Center

Kid's Corner

PATHFINDERS

TODAY we will be going to lunch after worship then over to Morning Pointe Assisted Living to participate in some activities with the residents. Bring $ for lunch. We will return for Bible class.

By the Numbers
Attendance Last Week:

Sunday Worship Service....484
Sunday Evening Classes....283
Wednesday Night Classes...277
Contribution: $23,530.00

Spring Meadows Youth Group

Thanks so much for the support for the Young Adult and the Young at Heart Banquets! Especially to the adults who worked with Stephen and Lindsey Ward to provide a great meal! To our teens who always work hard for these two evenings, I am thankful for you all!

Monday - The Garage Bible Study resumes this week at 7pm! Join us! 106 Oak Dr, Columbia. Since there is no school Monday, we would love to have you here!

Wednesday - Bible Bowl practice continues this week @4:45pm at the building.

Family Retreat- Hope you are signing up! We had a great time last year and we look forward to another super year of being together!

This is CYC week! Around 115 of us will be leaving at 9am on Friday and returning on Sunday evening to be with thousands worshipping God and growing spiritually. We are thankful to our eldership who allows us to take this trip each year. **All PARENTS of TEENS attending, need to meet down front following worship this morning.**

Horizons at FHU registration is open! This is a leadership camp for those finishing grade 7 up to 12th grade. Cost is $225. Spring Meadows will pay $125 of this amount. You may register at www.fhu.edu/horizons. If you need more information, I will be glad to discuss this with you.

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