Spring Meadows Church of Christ
PO Box 1852, Spring Hill, TN 37174

# VISION

Volume 21, Number 27 SMCOC.NET July 19, 2026




Congratulations to Montana Daniel on her recent baptism!



## Trading Worry for Trust

If you've lain awake replaying tomorrow's to-do list, or felt your chest tighten before you could even name why — you're not alone. Worry is one of the most common burdens we carry.

Scripture doesn't ask us to pretend we're not anxious. It invites us to bring that anxiety somewhere. Paul writes in *Philippians 4:6-7, "Be anxious for nothing; but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus."* Notice the order: not "stop worrying," but "pray about everything" — and peace follows.

Peter says it even more simply: "*casting all your anxieties on him, because he cares for you" (1 Peter 5:7)*. It isn't a one-time cast. It's a daily one — because worry has a way of finding its way back into our hands.

That kind of letting go takes trust. We don't hand our burdens to just anyone — we hand them to the One we believe is able to carry them: the God who keeps "*him in perfect peace whose mind is stayed on you, because he trusts in you" (Isaiah 26:3).*

So if worry has held you this week, bring it to HIM again — as many times as it takes. HE is *always* there ready to listen.




**Children's Bible Hour Graduation will be next week after worship.**

## SUNDAY BIBLE HOUR

**Nursery - up to 24 months**
Rylea Hudson & Caroline Sparrow

**2 & 3 year olds - Lime Rm**
Cindy & Anna Grace Allen

**4's - PreK - Blue Rm**
Molly Presley

**Kindergarten - Purple Rm**
Mallory Haile

**1st grade - Red Rm**
Tabitha Murray

## SUNDAY CLASSES

Classes begin at 5:00pm.

**Up to 24 months** - Nursery
**2's & 3's** - Lime Room
**4's - PreK** - Blue Rm, **K** - Purple Rm
**1st-2nd** Red Rm, **3rd-4th**-Green Rm
**5th-6th** - Orange Rm, **7th-12th** - Youth Room

**The Joy Factor - A Study of Philippians**
Scott Ford & Brent Spicer (Aud)
**Lessons to Learn from People of the New Testament**
Various Teachers (Hall)
**Why Did This Happen? A Study of Job**
Steve Peden (Kitchen)
**Lessons to Learn from People of the New Testament**
Various Teachers (C20s)
**Spiritual Practices (College)**
Carson Patterson - College Classroom

## WEDNESDAY CLASSES

Classes begin at 6:30pm.

**Up to 24 months** - Nursery
**2's & 3's** - Lime Room , **4's - Pre-K** - Blue Room
**K** - Purple Room, **1st - 2nd** -Red Room
**3rd - 4th** - Green Rm, **5th - 6th** - Orange Rm
**7th -12th** - Teen Rooms

**A Study of Sin**
Clay Tyree (Auditorium)
**The Emotions of Psalms**
Matthew Ruiz and Carl Grimes (Kitchen)
**A Day in the Life of David**
Todd Stinson (Hall)
**How to Answer the Hard Questions**
Jerry Morgan (C20s)
**Applying the 10 Commandments to Today**
Tim Burton (College)

## Remember in Prayer

**Continue to Remember:** Nancy Heffington, Caroline Thurman, Riley Walker, Bud and Linda Burgess, Heidi Street,Ray Scott, Nova Wayne, Tammi Ettinger, Jasper Wilson,and David Bawcum.

**Expectant Mothers:** Mikayla Rich, Lauryn Gaw, Ariel Terry, and Hannah Cottrill

We express our sympathy to **David Bawcum** and his family on the passing of Sheryl. Please continue to keep this family in your prayers.

If you are willing to help prep and/or put up bulletin boards in the childrens' area, see Angie.

## Announcements

### 'Slidin' Through Summer Water Day for Young Families

July 26th after worship until ~2pm.

BBQ, Uncrustables, and Popsicles and then water activites! Contact C.L. Walker for more information.

## Kids Corner




Spring Meadows Church Family,

Thank you for the prayers, cards and texts we received at the passing of Michael's dad. It gave us a sweet sense of comfort knowing you all cared.

Daddy, Granddaddy, and Great Granddaddy will be missed but we will be with him again one day!

Love, Michael & Saundra

## By the Numbers

### Attendance Last Week:

Sunday Worship Service.....541
Sunday Evening Classes.....316
Wednesday Night Classes..271
Contribution: $31,416.00

## Spring Meadows Youth Group

The summer is coming to an end! However, the events are not yet over. The interns are planning lock-ins for the youth group next week.

The guys will be at the building Wednesday the 22nd right after Sonic through the morning of Thursday the 23rd. The girls are doing theirs Friday the 24th starting at 7:30PM through the morning of Saturday the 25th. Both lock-ins will come to an end at 7AM. However, you may pick up your child on or before that time.

With all of that being said, **the interns must have male and female chaperones!** All chaperones over 18 years old must have a completed background check. Thank you so much for your help!

**Garage Bible Study-** Monday night at 7pm. Hope to see you all here!

**August 2nd** will be our farewell luncheon to the interns after morning worship.






**Jerry Elder - Youth and Family Minister**
JERRY@SMCOC.NET / 931- 626 - 6434

### Elders:

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